



ican... DO IT

Making it happen

You can have the greatest vision in the world but without action it will always remain just a dream.

Having created your Golden Ticket you have three choices:

1. Throw it away
2. Put it off to someday sometime
3. Make it real now

So you can decide if you want to throw your dream away (choice one), or delay your dream until someday sometime when you have more motivation, money, confidence or skills (choice two). The problem is that someday may never happen. What if in twelve months time you are saying the same things? At this point it is easy to come up with a series of well-meaning excuses for why nothing has happened. "I haven't got enough time, I don't know where to start, I'm not confident, clever, rich or brave enough".

Take a look at the common reasons on the next page that can stop you moving from 'I can't' to 'I can'. Circle any that you feel could be obstacles that may be stopping you now. Identify what you personally need to do to overcome these and record your actions in the 'Do It' section of your iCan poster.

The choice is now up to you. Take a look over the page and identify how you can start to take the first steps to making your Golden Ticket real now (choice three).

STEPPING FROM I CAN'T TO I CAN



CREATE



Having created your Golden Ticket, pick one element that really excites you – Plan A. As a back-up, if Plan A doesn't come off, choose another element that excites and matters to you – Plan B

CONNECT



Now you have the start of a Plan A and Plan B there are a number of people who can support, encourage, guide, mentor and act as a role model for you. Who are the people you need to connect with to help you along the way?

CONTRIBUTE



It's up to you to take small practical steps to make Plan A and Plan B a reality and contribute towards your Golden Ticket. These steps may be in your working, learning, playing or giving. What actions do you need to take?

PLAN A

The goal I've created is:

PLAN B

The goal I've created is:

The people I need to connect with are:

The people I need to connect with are:

The actions that will contribute to this are:

The actions that will contribute to this are:

KEEPING IT GOING

Having identified some first steps to take to begin to make your Golden Ticket real, the following hints and tips may be useful to keep you going. Some of the ideas on pages 10 and 43 may help you too.



CHECK YOUR DIRECTION

Keep your Golden Ticket in a prominent place and regularly review and update it. Check whether the actions you are taking are still moving you in the right direction.

ONE STEP AT A TIME

Be prepared to put in some interim steps to get you to where you want to go – trying to take leaps may be too much – try baby steps instead.

STOP ALONG THE WAY

Enjoy the scenery, the new landscapes, views and experiences – take time to see the bigger picture and celebrate the journey.

TRAVEL WITH OTHERS

Sometimes the journey will feel a little less scary if you share it with someone who believes in you, shares your values or can help along the way.

TELL OTHERS WHAT YOU ARE DOING

Share your Golden Ticket with others – the more people that know about it, the more people can help.

THINK ABOUT WHAT YOU HAVE LEARNED SO FAR

Think about what you have learned so far - learn from the up's and down's of your journey. Create alternatives, find solutions and stay flexible.