



ican... HEAR IT

Listening to what people say

Having realised there are lots of people to support you (Reach it) and identified who best to ask for help (Ask it), the key to making your vision a reality is to continually listen to their advice and act on feedback.

The following process will enable you to capture the best advice by listening to the right people in the right order, building your Vision, identifying realistic Obstacles, gaining fresh Ideas, making new Contacts and learning from Experience (VOICE).

The first steps in the process is to get out your Golden Ticket and think about positive people you would like to share it with. When you revisit your Golden Ticket do not worry how unclear or unfocused it may be but instead be prepared to share it with others to get their help.

Make sure you start with people who are able to build your confidence and make your vision as big and bold as it can be without placing any judgement or negative thinking on it.

Be careful of listening to negative voices who may without thinking say you can't, won't, shouldn't or don't, as this could lead you to a very different place than you want to be. Make sure that you listen to the people who say you can, you will, you should and get into the habit of listening to these voices instead.

See this process as being the start of something that you will keep doing time and time again. Its about reshaping, amending and adapting your vision based on your ideas and experiences and the feedback from the positive people you ask.

You might find it useful to use 'Making My Vision A Reality' to help you record peoples feedback on your aspirations and thoughts for your future

LISTENING TO THE RIGHT VOICE

V

VISION

POSITIVE +

Listen to the people you know who are 'Confidence Builders' who believe in you, your potential and your dreams. They give you positive, imaginative and aspirational views on your vision. They may say...

What I really love about your ideas are...

You can make your vision bigger and bolder by...

I'd like to find out more about...

I can imagine you... and picture you...

NEGATIVE -

Avoid negative people who are set in their ways, fixed in their mindset and unable to think big. Watch out for people who may have a vested interest in what they believe is best for you. They may say...

I really don't think it's a good idea for you to...

Get real, that's a pipe dream

Our family/neighbours/community doesn't do things like that

There's no way in the world you'll amount to...

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OBSTACLES

Reflect on what some of the 'Realists' in your circle of support say about the potential obstacles stopping you achieving your vision. Be honest with yourself, list the barriers and listen to their advice on how you can overcome them.

It's important you realise...

Some steps can help to overcome your obstacles, your first one could be...

If Plan A doesn't work, B,C and D could be...

If you work hard and want it enough you may...

Guard against listening to the negative people who make it their business to create reasonable excuses for not living their dreams and so don't want you to live yours. They can identify every problem, but provide no solutions.

You're not confident, experienced, talented, motivated, rich, old enough to...

I've absolutely no idea how you're going to...

I can't see how your plan is going to work

You might as well give up now

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IDEAS

Hear what those 'Creative Thinkers' you know have to say. These are the people who have the imagination, inventiveness, inspiration and ideas to help you overcome obstacles and make your vision a reality.

Why not gain some experience in...

What if you learned more about...

How about playing around with...

Have you thought about giving your time to...

Don't let your ideas be narrowed down by people who lack the creativity, enterprise and innovation to think outside the box. If you only listen to people who stuck doing what they have done forever and hate it, you may end up like that too.

There are no jobs in...

Why spend time learning more about...

I can't see the point of getting involved in...

I don't know why you'd do something for no money...

C

CONTACTS

Learn from the 'Connectors' in your circle of support, the natural communicators who are well respected and great at making contacts, building relationships and linking people together.

The people who can help you with... are...

The person in your ideal role is...

The organisations who value your skills are...

The people with similar values to team up with are...

Try not to hang around with the wrong people. The groups you spend time with will influence the choices you make, pathways you go down and potential you reach - you may not be able to choose your family members but be careful too when choosing your friends.

Do what we are going to do

You don't know them so stay with us...

Why show any respect to...

Nobody cares about you anyway

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EXPERIENCE

Act on the advice from the 'Role Models' you know who have either experienced challenges you are facing, are living parts of your vision or simply are a few steps ahead of you on your journey.

From my experience the first steps to take are...

Having some key goals and milestones can really help and I think yours should be...

Keeping up your resilience is really important and these things may help...

If you need any help, I'm there every step of the way.

Don't throw your hopes and dreams away by listening to that negative voice inside yourself saying I can't, I don't, I won't. Also avoid doing nothing by simply putting your actions off until 'someday sometime'.

I don't know where to even start so I may as well not begin it

I'll wait until tomorrow, next week, next month, year...

I'm scared of failing

I've got nobody who can help me

MAKING MY VISION A REALITY

V

VISION

WHAT PEOPLE REALLY LIKE ABOUT MY VISION ARE...

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OBSTACLES

THE OBSTACLES THEY THINK I NEED TO OVERCOME ARE...

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IDEAS

THEIR MOST EXCITING IDEAS TO MAKE MY VISION A REALITY ARE...

C

CONTACTS

THE PEOPLE THEY SUGGEST CAN HELP ME ARE...

E

EXPERIENCE

FROM THEIR EXPERIENCE, THE NEXT STEPS I NEED TO TAKE NOW ARE...