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To make your vision a reality, there are two elements you may need the people in your support network to help you with.

1. To develop the vision itself
2. Making your vision real.

This worksheet will help you to consider these elements. By working through the tasks below, you will be in a better position to work with the people in your support network.

The circle of support you have around you all have an incredible mix of different skills, knowledge, strengths and expertise to help. Sometimes, just asking the right people is the best way to move forward.

**Asking for help isn’t a sign of weakness, it’s a sign of strength. It shows you have the courage to admit when you don’t know something, and to learn something new.**

**- Barack Obama**

**ACTIVITY 1 – THE SUPPORT I NEED**

Take a look at the types of support below and consider what type of support do I need now? Then ask yourself who in my circle of support can help me with this?

Consider the people you listed in the Reach It session and make a note of those who you feel have the particular skills, expertise or knowledge to help you with what you need. This could be as many people as you want or it could be just one person.

|  |  |
| --- | --- |
| **REALISTS** | **WHO** |
|  | * Overcoming personal obstacles
* Setting realistic goals and plans
* Gaining meaningful experiences
* Making the most of opportunities
* Developing plan B's
 |  |

|  |  |
| --- | --- |
| **CONFIDENCE BUILDERS** | **WHO** |
|  | * Believe in myself
* Identify my strengths
* Develop a positive attitude
* Making the most of opportunities
* Developing plan B's
 |  |

|  |  |
| --- | --- |
| **EXPERTS** | **WHO** |
|  | * Knowing the skills employers need
* Seeking advice guidance or counselling
* Enhancing my skills and qualifications
* Tailoring my CV or personal statement
* Preparing for interviews
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| --- | --- |
| **ROLE MODELS** | **WHO** |
|  | * Be inspired
* Learn more from their experiences
* Find out more about my ideal job
* Start my own business
* Make a difference in my community
 |  |

|  |  |
| --- | --- |
| **CONNECTORS** | **WHO** |
|  | * Meeting new people
* Getting involved in clubs and groups
* Exploring new places projects and possibilities
* Volunteering in my local community
* Growing my support network
 |  |

|  |  |
| --- | --- |
| **CREATIVE THINKERS** | **WHO** |
|  | * Creating a clear vision
* Connecting my skills and passions
* Thinking outside the box
* Generating bigger and bolder ideas
* Combining working learning playing and giving
 |  |

**ACTIVITY 2 - CREATIVE CONVERSATIONS**

Finally consider how I am going to get them to help me and what questions do I need to ask them. Below are questioning templates to help if you are unsure what to ask.

Think about how you are going to approach the person. If it is someone you know well this may not be so crucial but if you don’t know them too well you may need to plan how best to introduce yourself, make initial contact and reach out. Think about asking someone you know to help you with this.

**CREATIVE WORKING CONVERSATIONS**

|  |  |
| --- | --- |
|  | How did you become a?*Explore skills, qualifications and experiences required for this role* |
|  | What do you love most and least about your role?*Check whether this matches your skills, passions and values* |
|  | What opportunities and challenges do you see in the future?*Assessing the opportunities and potential risks for your chosen area* |
|  | What kind of skills and expertise will be needed as result?*Identify where your skill can add value and any areas for development* |
|  | Can you suggest anybody else I can speak to about ….?*Try to get two or three names and their contact details. Ask for a referral.* |
|  | If you were to give me one piece of advice, what would it be?*Always remember to say thank you and ask if they mind keeping in contact. Follow up with a hand written thank you card.* |

**CREATIVE LEARNING CONVERSATIONS**

|  |  |
| --- | --- |
|  | What have other people who have done this course gone on to do after they have finished?*Explore further learning and work options beyond this* |
|  | What are the most exciting and interesting elements of this course? *Check whether this matches your skills, passions and values* |
|  | What will I see as the main differences between studying at school and studying at college?*Assessing the differences between learning in a school and a college environment and what that will mean for you* |
|  | What skills and expertise will I have gained when I finish this conversation?*Understand how this enables you to take your next steps towards making your vision a reality* |
|  | Can you suggest anybody else I can speak to about ….?*Try to get two or three names and their contact details. Ask for a referral.* |
|  | If you were to give me one piece of advice, what would it be?*Always remember to say thank you and ask if they mind keeping in contact. Follow up with a hand written thank you card.* |