



KS 3 LOCKDOWN TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PE with Joe Wicks: youtube.com/user/thebodycoach1	Les Mills Born to Move: watch.lesmillsondemand.com/born-to-move	PE with Joe Wicks: youtube.com/user/thebodycoach1	Les Mills Born to Move: watch.lesmillsondemand.com/born-to-move	PE with Joe Wicks: youtube.com/user/thebodycoach1
Royal Opera House Weekly Project: learning-platform.roh.org.uk/create-and-learn/	Scouts Activity: scouts.org.uk/activities/	Memrise – Foreign Language Vocab: memrise.com/	History Association Activity: history.org.uk/primary/categories/content	Home Learning Pack from TES: tes.com/teaching-resources/teacher-essentials/home-learning/primary
Royal Institute of Science Experiment: rigb.org/families/experimental	Mindfulness at 11am: mindfulnessinschools.org/misp-sit-together/	Episode of The WOW Show: thewowshow.org/	Mindfulness at 11am: mindfulnessinschools.org/misp-sit-together/	Twinkl – Secondary Resources Taster pack: tinyurl.com/y8a7xlms
Daily TEDed Video: ed.ted.com/	Daily TEDed Video: ed.ted.com/	Daily TEDed Video: ed.ted.com/	Daily TEDed Video: ed.ted.com/	Daily TEDed Video: ed.ted.com/
Maths on Toast: mathsontost.org.uk/fun-maths-at-home/	Twinkl – Secondary Resources Taster pack: tinyurl.com/y8a7xlms	Barclays Life Skills Session: barclayslifeskills.com/	National Literacy Trust Worksheet: literacytrust.org.uk/family-zone/	Free e-book from Oxford Owl: home.oxfordowl.co.uk/books/free-ebooks/